



Midwifery  
Resource  
Centre

# ROUTINE ANTENATAL ANTI D PROPHYLAXIS (RAADP)

Referral and appointment process

## YOU FIND OUT THAT YOU HAVE A NEGATIVE BLOOD GROUP

Your midwife will discuss with you what RAADP is and give you an information pack early in your pregnancy. You can decide to accept or decline.



## YOUR MIDWIFE SENDS THE MRC A REFERRAL

Your midwife will send us a referral with important information. This includes a consent form, signed by you. You will need to get a blood test before your appointment.

## YOU BOOK YOUR OWN APPOINTMENT ON THE MRC WEBSITE FOR 28 WEEKS

Then you come and see us! The midwives at the MRC will run through some questions at the start of your appointment. Otherwise it is a simple injection in your arm.

Following the administration of RAADP, you will need to stay for 20mins.



## THEN YOU RE-BOOK FOR 34 WEEKS

You can rebook for your second RAADP at 34 weeks either online or at the time of your initial appointment.

**PLEASE NOTE THE RAADP PROCESS IS BY REFERRAL AND  
APPOINTMENT ONLY AS EACH INDIVIDUAL DOSE IS REQUESTED  
FROM THE NEW ZEALAND BLOOD SERVICE AS NEEDED.**

Contact us

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